



Come & join us!

Living Well OT are inviting you to join us to enjoy a cup of tea, some cake and to try our adult activity sessions – for FREE!

Eden Close Community Hub, Eden Close, Lakeview,
Northampton NN3 6NS

2.00 – 4.00pm on Tuesdays in October

Tuesday 5th October

Tuesday 12th October

Tuesday 26th October



Different activities each session, including arts & crafts, tabletop gardening, papercraft, painting, board & card games, jigsaw library, music and more!



Drop in on the day or contact Dawn at

Living Well OT on 07512 187404

or email: dawn@livingwellot.co.uk

