

Reducing Parental Conflict Support

Young people who are exposed to conflict between their parents are likely to develop increased levels of anxiety, depression, and aggression. They may also struggle to achieve at school. This in turn, can impact their employment prospects and relationship chances in the future.

The resources and training available are:

Parental Conflict Awareness (e-learning)

The aim of this learning is that you are better placed to identify parental conflict and have the knowledge and confidence to raise the issue of relationship problems.

Digital resources for reducing parental conflict – practitioner workshop

This learning program aims to enhance your knowledge, understanding, skills and confidence with parents to reduce parental conflict using a variety of digital resources from OnePlusOne

RPC Toolkit

This training demonstrates practical tools that can be used in your work with families, to support conversations to help parents to recognise when there is conflict in their relationship, the impact this has on their children and how they can access support to make positive change.

For details of how to access these sessions please send an email to CFSS@nctrust.co.uk



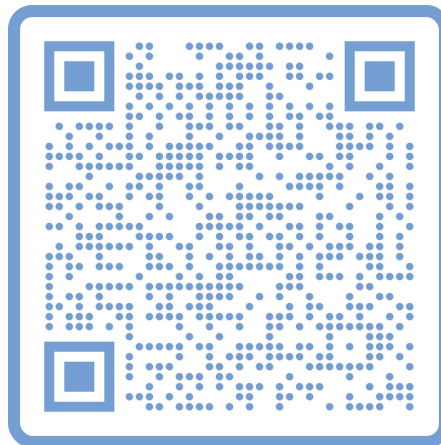
Contact us



There is one point of contact for all partners of Children and Families Support service. Simply email cfss@nctrust.co.uk and your email will be forwarded to appropriate part of the service.

You can also contact our duty team on 01604 526963

You can also use the QR code to link to access the Early Help Pages of the NCT Website.



**Northamptonshire
Children's Trust**
Children and Family
Support Service

Partnership Support Service



Who are we

We are the Partnership Support Service

We are a part of the Children and Family Support service within Northamptonshire Children's Trust

Who is in our team and what do they do?

The Partnership Support Service supports Early Help professionals in different ways.

Locality Support: Partnership Support Coordinators

- Listen to family concerns and offer support and advice.
- Review Early Help Assessments and provide timely support.
- Meet to discuss assessments and plan next steps.
- Attend Team Around the Family (TAF) Meetings to ensure support plans meet family needs.
- Provide training on supporting families in need.
- Coordinate training on Early Help Assessment Process and TAF coordination.
- Organize Partnership Network events to promote joint working and training.
- Contribute to Thresholds and Pathways training.
- Refer families to other CFSS services for intensive support.

The Locality Support also provide advice, guidance and signposting to relevant agencies covering a wide range of issues such as:

- Employment and benefits
- Family relationships
- Domestic Abuse
- Mental health support
- Education

MASH Support: Partnership Support Coordinators:

- Offer support when no safeguarding needs are found after a MASH referral.
- Provide guidance and recommendations to MASH professionals.
- Advise referrers on additional services to bolster existing support.
- Engage with families and youths, guiding them to relevant support services with consent.

Community Connectors

- Collaborate with community groups for family support.
- Identify resources to enhance outcomes for vulnerable families.
- Produce the Stay Connected newsletters
 - One for families which includes low cost or free activities for families in Northamptonshire.
 - One for professionals which includes training and services for any partner working with children and families.

Parenting Support Coordinators

- Offer support and guidance on parenting programs for families with children aged 0-19, including assistance in selecting the most suitable program and providing parental relationship support.
- support partners to identify programmes they could deliver directly to families, and where appropriate, provide training to help you to run your own programme, particularly the Solihull Approach, and Reducing Parental Conflict

Our training offer

The Partnership Support Service (PSS) can offer training to our partners which includes:

- Early Help skills training
- Self-led learning via a suite of training modules.
 - Knowing if it's the right time to start an EHA
 - Voice of the child
 - Team Around the Family meetings (TAF)
 - Top tips on being a lead professional

Email CFSS@nctrust.co.uk giving the name of the module you would like to access. You will then be sent the module to complete.

Solihull Training Offer

We assist partners in conducting their own parenting programs to aid parents/carers during Early Help situations.

While the training is free, partners must procure necessary resources for training and delivery. Visit the website for details.

Initial Foundation training

- Generic 2 Day Solihull Approach Foundation Training
- Whole School Solihull Approach Training
- Early Years Solihull Approach Foundation Training
- Adoption, Fostering & Social work Solihull Approach Foundation

Follow on Parenting Group Facilitator Training*

- Solihull Approach Generic Parenting Group Facilitator Training – 'Understanding your child's behaviour'

Solihull Approach Foster Carer Parenting Group Facilitator Training – 'Understanding your foster child's behaviour'

*Must have completed the initial Foundation 2-day training