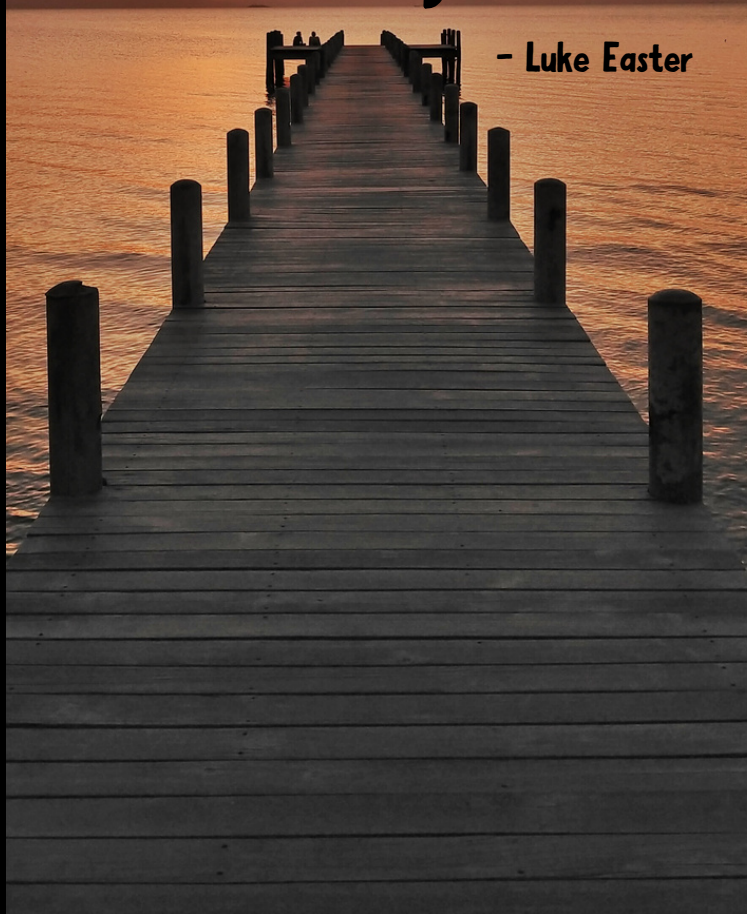




**A strong woman knows
she has strength enough
for the journey, but a
woman of strength knows
that it is in the journey
where she will become
strong.**

- Luke Easter





NATIONAL UGLY MUGS

National Ugly Mugs (NUM) provide direct support to sex workers who have been victims of crime. We take reports of incidents and harm to sex workers and send out alerts to warn people working in adult industries about dangerous people to prevent violence.

We support sex workers to access justice and healing in the ways they choose, whether through police and courts or outside of the legal system.

We believe in and advocate for the rights of sex workers including:

- the right to self –determination
- the right to live free from violence
- the right to live free from intimidation, coercion and exploitation
- the right to work safety and to organise their labour
- the right to legal and social protection.

**SCAN THE QR CODE TO FIND
OUT MORE OR CALL US ON:
0800 464 7669**



WELL NORTHANTS

**Building Communities
Promoting Wellbeing
Working Together**

Together we can create a
stronger and more
connected community.

**Directed by you and
giving you a voice!**

Have your say:

Dawn.brett@westnorthants.gov.uk
(Initiatives for sex workers)



West
Northamptonshire
Council





SEXUAL HEALTH

Northamptonshire Healthcare 
NHS Foundation Trust

RAPID HIV & HEP C TESTING

Early diagnosis and treatment means better support and best prognosis.

Did you know?

- An estimated 200,000 are infected in UK, with 50% unaware
- Transmission is via blood to blood
- There are no early symptoms
- Virus can live outside body on hard surfaces up to 4 days

**Contact the Outreach Team
(03000 270 071) to request simple
rapid HIV and Hep C tests**

HIV testing also available
at: www.freetest.me/



HEP C TRUST:
helpline@hepctrust.org.uk



FREE CONDOMS

Northamptonshire Healthcare **NHS**
NHS Foundation Trust

Order online:

Scan the QR Code



or visit nhft.nhs.uk/sexual-health

Click on the 'Free Condoms' button.

For extra condoms and lube, complete the form and include 'sex-worker' in the name or address box.

Please remember:



Check the expiry date and that there is no damage to the packet.



Put it on the wrong way?
Don't flip it! Use a new condom.



Grease breaks condoms
(inc. baby oil & lip stick).

Find out more:

Scan the QR code to watch a video, or visit youtu.be/6nGsaAfiBOK



CHLAMYDIA & GONORRHOEA

GET TESTED!

Order FREE postal testing kits:



www.nhft.nhs.uk/sexual-health

Please remember:

- STIs are easy to catch
- There's often no symptoms
- To get regular full sexual health screenings

Scan the QR code to watch a video on how to use a postal test kit or



visit: youtu.be/PZGnsB4xkWY?si=1m7qn5LPZ2sGOSw9

Make an appointment on: 03000 270 110



KEEPING SAFE



- ✓ Check Ugly Mugs. Know who presents a risk
- ✓ Get the vehicle registration
- ✓ Get the money up front, put it somewhere safe, don't keep all your money in one place
- ✓ Check in the back of the car/van at arms length before you get in. Do not get in if there is more than one punter
- ✓ Remember what they look like In case you do need to make a report to the police Identifying features.

**STAY
SAFE**

KEEPING SAFE



- ✔ Trust your instincts, if you don't feel safe, you probably aren't!
- ✔ Work out an escape route - know your way to safety
- ✔ Carry a personal alarm ALWAYS
- ✔ Buddy up with someone
- ✔ Check in with someone at regular intervals. Say where you are



Your life

does not get better

by **CHANCE**

it gets better by

CHANGE



CRIMESTOPPERS SPEAK UP. STAY SAFE.

Crimestoppers is the only way
in which you can report
information on crime 100%
anonymously.

We are an independent
charity and are here to listen
24/7. Just tell us what you
know, and we will pass this
securely on to the Police.

We do not take your name,
address or any personal
details and we cannot trace
your call or device.

**Give information anonymously on:
0800 555 111 or at
[Crimestoppers-uk.org](https://www.crimestoppers-uk.org)**



RAPE SUPPORT

For urgent support
and advice call

01604 601713

any time, any day.

Get the evidence even
if you don't use it!

Sexual Assault Referral Centre

Highfield Clinical Care Centre

Entrances C & D

(rear of building)

Cliftonville Road

Northampton

NN1 5BU

Tel: 01604 60713

serenity@nhft.nhs.uk

www.nhft.nhs.uk/serenity

CERVICAL CANCER SCREENING

is available to anyone with a cervix including; all women, trans men and non-binary people, between the ages of 25 to 64 and is crucial in helping to pick up signs of cervical cancer at an early stage.

You should get your check every 3 years.

Please book an appointment with your GP or you can visit the Sexual Health Services.



KEEP CALM
AND
CARRY
NALOXONE



COLLECT A FREE
NALOXONE KIT FROM

SUBSTANCE 2 SOLUTION
SPRINGHOUSE
39 BILLING ROAD



ASK YOURSELF IF
WHAT YOU ARE DOING
TODAY IS GETTING
YOU CLOSER TO
WHERE YOU WANT TO
BE TOMORROW

AGENCY CONTACTS

Organisation	Contact	
National Ugly Mugs	0161 629 9861	If you need support speak to a case worker
Sexual health services	01604 609766	STI screening & advice
Serenity	01604 601713	Rape Support 24-hour Service. Preserve the evidence.
Voice	0300 303 1965	Support Victims & witnesses of crime
West Northamptonshire Council	0300 126 7000	Access all community services. Housing-Child & Adult social care
Community Law	01604 621038	Social Welfare Advice
Samaritans	116 123	Crisis support line
Department Work & Pensions	01604 446 100	Welfare Benefit Office
Crime Stoppers	0800 555 111	Report Crime Anonymously
NAASH	01604 620 892	Homeless support services
Change Grow Live Substance 2 Solution	0808 169 8512	Substance misuse support



AGENCY CONTACTS

Organisation	Contact	
Hope Centre	01604 214 300	Homeless services
Rape Crisis	01604 250721	Support victims of rape. Therapeutic
C2C	01604 824080	Women's centre
Maple Access	01604 250 969	GP practice complex needs & no fixed abode
Campbell house	01604 658800	Adult Mental Health
Family Support Link	01933 227078	Supporting families affected by substance misuse
Bridge	01604 621259	Substance misuse recovery service
Probation	01604 658 000	



#weareNHFT



Northamptonshire Healthcare
NHS Foundation Trust

DENTAL DROP-IN CLINIC

FOR PEOPLE WHO ARE HOMELESS

DROP IN AND SEE US WITHOUT AN APPOINTMENT

Every fortnight, starting 13 April 2022

St. James Dental Department
St James Clinic
116 St James' Road
Northampton
NN5 5LQ

We offer:

- Dental check-ups
- Help with dental pain
- Treatment of painful teeth
- Advice on looking after your mouth

We will see you on a first-come-first-served basis and so you might have to wait until you are seen. You might also be asked to come back on another day for treatment if we are very busy.

WEDNESDAYS
1:15PM - 3:30PM

MAKING A
DIFFERENCE
FOR YOU,
WITH YOU